

Bedside Tales

News from your Sleep Services Specialist

August 2010

Introducing... the ICON™

The AIR LIQUIDE Healthcare team is proud to welcome into their range the coolest CPAP Machine on the market today - the ICON™ by Fisher & Paykel.

F&P have presented a revolutionary design that makes the CPAP look no different than a sleek alarm clock on your bedside table. The ICON™ combines the latest trend in contemporary design with the most advanced CPAP technology available today. It not only offers superior humidification and quietness, but a proven algorithm guaranteed to give you a good night's sleep.

Come visit us to see the ICON by F&P - we hope you will be as impressed as we are!

Fisher & Paykel ICON™

The ICON™ is a compact, stylish CPAP that blends seamlessly into any bedroom environment.



Incorporating a full range of the world's leading clinical technologies for treating Sleep Apnoea, the ICON™ has a range of useful features that compliment your CPAP therapy as well as everyday life:

- ✓ Market leading humidification delivery with ThermoSmart™ technology - aids in better compliance and comfort.
- ✓ One of the quietest CPAP machines on the market
- ✓ Smallest footprint on the market (inclusive of power supply and humidification).
- ✓ A unique and clinically proven algorithm, SensAwake™ that automatically adjusts, preventing you from waking during the night due to therapy.
- ✓ Features include an alarm clock, travel case and the ability to load your own music!

Call 1300 36 02 02 to trial this unit today!

Benefits of Heated Breathing Tubing

Heated Humidification is one of the most important factors in **increasing patient comfort and compliance** amongst CPAP users. One of the biggest problems associated with heated humidifiers is that **condensation may occur in the tubing** especially when sleeping in a cooler environment. The noise level caused by water in the tubing can often reduce the quality of sleep – the exact opposite of what we are trying to achieve.

Recent studies compared conventional heated humidification with and without heated breathing tubes¹. Results show that the **use of heated humidification combined with a heated breathing tube:**

- ✓ Improves sleep quality
- ✓ Reduces patient side effects
- ✓ Virtually eliminates condensation even in cool environments

¹ Nilius Get al. Eur Respir J 2008; 31: 830-6 3.



Refer a friend and save!

Refer a friend to us and both get 10% off your next Mask Purchase!

Simply visit www.airliquidehealthcare.com.au

Take care of your equipment

Most manufacturers recommend that in order to receive the optimum CPAP therapy you should change your:

- ✓ **Filter** every 3 months - to ensure that it is kept clean and doesn't become clogged
- ✓ **Cushion** every 6 months - so that it does not begin to harden and prevent you from getting a good seal
- ✓ **Tubing** every 12 months - over time small holes in your tubing may cause leaks, affecting the CPAP pressure
- ✓ **Mask** every 12 months - changing your mask is necessary to ensure that it is working at its best

FREE POSTAGE this month on full range of CPAP spare parts & accessories purchased from our website

Bedside Tales

Locations around Australia

August 2010

NEW SOUTH WALES

ALEXANDRIA

Unit 5/476 Gardeners Rd
ALEXANDRIA 2015
Tel: 02 9364 7474

BAULKHAM HILLS

Hills Private Hospital
499 Windsor Road
BAULKHAM HILLS 2153
Tel: 02 9686 0753

BROKEN HILL

149 Harris St
BROKEN HILL 2880
Tel: 08 8087 2403

COFFS HARBOUR

Banana Coast Nursing Service
66 Albany St
COFFS HARBOUR NSW 2450
Tel: 02 6651 3153

INVERELL

138 Old Bundarra Rd
INVERELL 2360
Tel: 02 6722 4017

LAURIETON

Shop 4, Bayside Cct
LAURIETON 2443
Tel: 02 6559 9030

NEW LAMBTON

Unit 2/18 Alma Rd
NEW LAMBTON 2305
Tel: 02 4950 9635

NORTH BATEMANS BAY

11431 Princess Hwy
NORTH BATEMANS BAY 2536
Tel: 02 4472 8410

ORANGE

Shop 1, 155-159 Dalton St
ORANGE 2800
Tel: 02 6369 0958

STRATHFIELD

Strathfield Private Hospital
3 Everton Rd
STRATHFIELD 2135
Tel: 02 9745 7454

WAGGA WAGGA

26 Docker St
WAGGA WAGGA 2650
Tel: 02 6925 3633

WAITARA

106 Balmoral St
WAITARA 2077
Tel: 02 9485 3555

WESTMEAD

Shop 19/24 Railway Pde
WESTMEAD 2145
Tel: 02 9633 5404

WOLLONGONG

Unit 2/17 Denison St
WOLLONGONG 2500
Tel: 02 4225 7811

ACT - CANBERRA

PHILLIP

77 Dundas Crt
PHILLIP ACT 2606
Tel: 02 6285 2979

SOUTH AUSTRALIA

KENT TOWN

95 Fullarton Rd
KENT TOWN 5067
Tel: 08 8331 1648

EDWARDSTOWN

13 Weaver St
EDWARDSTOWN 5039
Tel: 08 8299 0496

QUEENSLAND

AUCHENFLOWER

Wesley Medical Centre
Suite 48, 40 Chasely St
AUCHENFLOWER 4066
Tel: 07 3870 0711

BOWEN HILLS

25 Campbell St
BOWEN HILLS 4006
Tel: 07 3252 8039

BUNDABERG

Friendly Society Chemist
9 Barolin St
BUNDABERG 4670
Tel: 07 4154 0540

CAIRNS

19 Industrial Ave
STRATFORD 4870
Tel: 07 4058 2433

GOLD COAST

Unit 1/72 Township Dr
WEST BURLEIGH 4220
Tel: 07 5520 4870

KINGAROY

Kingaroy Home Aids & Health Equip
Shop 4, 13 Alford St
KINGAROY 4610
Tel: 07 4162 5125

MARYBOROUGH

The Friendlies - Independent Living
Shop 2, 133 Lennox St
MARYBOROUGH 4650
Tel: 07 4123 2733

MACKAY

AFS Pharmacy
135 Nebo Rd
MACKAY 4740
Tel: 07 4957 4636

NAMBOUR

Home Healthcare
26 Ann St
NAMBOUR 4560
Tel: 07 5451 2620

TOOWOOMBA

Toowoomba Specialist Centre
Suite 9, 9 Scott St
TOOWOOMBA 4350
Tel: 07 4639 4844

TOWNSVILLE

Centrepoint Shopping Centre
Shop 3, 272 Ross River Rd
AITKENVALE 4814
Tel: 07 4728 8277

VICTORIA

HEIDELBERG

190 Burgundy St
HEIDELBERG 3084
Tel: 03 9458 3102

NORTH SUNSHINE

40 Bunnett St
NORTH SUNSHINE 3020
Tel: 03 9310 1200

RICHMOND

135 Burnley St
RICHMOND 3121
Tel: 03 9427 9959

Please call before visiting our outlets to confirm opening hours.